

Unisex build chart

| Height | Minimum weight Preferred rates | Preferred Plus Nontobacco | Preferred Nontobacco | Standard Nontobacco | Preferred Tobacco | Standard Tobacco |
|--------|-----------------------------------|------------------------------|-------------------------|------------------------|----------------------|---------------------|
| 4'8" | 79 | 125 | 140 | 178 | 135 | 178 |
| 4'9" | 81 | 131 | 145 | 184 | 140 | 184 |
| 4'10" | 84 | 136 | 151 | 191 | 145 | 191 |
| 4'11" | 87 | 141 | 157 | 198 | 150 | 198 |
| 5'0" | 90 | 146 | 163 | 204 | 156 | 204 |
| 5'1" | 93 | 151 | 169 | 211 | 164 | 211 |
| 5'2" | 96 | 157 | 175 | 218 | 167 | 218 |
| 5'3" | 99 | 162 | 181 | 225 | 172 | 225 |
| 5'4" | 102 | 167 | 187 | 233 | 177 | 233 |
| 5'5" | 106 | 172 | 193 | 240 | 182 | 240 |
| 5'6" | 109 | 177 | 199 | 247 | 187 | 247 |
| 5'7" | 112 | 182 | 205 | 255 | 192 | 255 |
| 5'8" | 116 | 186 | 211 | 263 | 196 | 263 |
| 5'9" | 119 | 192 | 217 | 270 | 202 | 270 |
| 5'10" | 122 | 196 | 223 | 278 | 206 | 278 |
| 5'11" | 126 | 202 | 229 | 286 | 212 | 286 |
| 6'0" | 130 | 207 | 235 | 294 | 217 | 294 |
| 6'1" | 133 | 212 | 241 | 303 | 222 | 303 |
| 6'2" | 137 | 217 | 247 | 311 | 227 | 311 |
| 6'3" | 141 | 222 | 253 | 320 | 232 | 320 |
| 6'4" | 144 | 228 | 259 | 328 | 238 | 328 |
| 6'5" | 148 | 233 | 265 | 337 | 243 | 337 |
| 6'6" | 152 | 238 | 271 | 346 | 248 | 346 |
| 6'7" | 156 | 244 | 277 | 355 | 254 | 355 |
| 6'8" | 160 | 250 | 283 | 364 | 260 | 364 |

Table ratings for build

| Height | Table 3 – 175% | Table 4 – 200% | Table 5 – 225% | Table 6 – 250% | Table 7 – 275% | Table 8 – 300% | Table 10 – 350% | Table 12 – 400% | Individual consideration build |
|--------|----------------|----------------|----------------|----------------|----------------|----------------|-----------------|-----------------|--------------------------------|
| 4'8" | 179-185 | 186-189 | 190-194 | 195-198 | 199-202 | 203-207 | 208-211 | 212-216 | >216 |
| 4'9" | 185-191 | 192-196 | 197-201 | 202-205 | 206-210 | 211-214 | 215-219 | 220-224 | >224 |
| 4'10" | 192-198 | 199-203 | 204-208 | 209-212 | 213-217 | 218-222 | 223-227 | 228-232 | >232 |
| 4'11" | 199-205 | 206-210 | 211-215 | 216-220 | 221-225 | 226-230 | 231-235 | 236-240 | >240 |
| 5'0" | 205-212 | 213-217 | 218-222 | 223-227 | 228-232 | 233-238 | 239-243 | 244-248 | >248 |
| 5'1" | 212-219 | 220-224 | 225-230 | 231-235 | 236-240 | 241-246 | 247-251 | 252-256 | >256 |
| 5'2" | 219-226 | 227-232 | 233-237 | 238-243 | 244-248 | 249-254 | 255-259 | 260-265 | >265 |
| 5'3" | 226-234 | 235-239 | 240-245 | 246-251 | 252-256 | 257-262 | 263-268 | 269-273 | >273 |
| 5'4" | 234-241 | 242-247 | 248-253 | 254-259 | 260-265 | 266-270 | 271-275 | 277-282 | >282 |
| 5'5" | 241-249 | 250-255 | 256-261 | 262-267 | 268-273 | 274-279 | 280-285 | 286-291 | >291 |
| 5'6" | 248-257 | 258-263 | 264-269 | 270-275 | 276-281 | 282-288 | 289-294 | 295-300 | >300 |
| 5'7" | 256-264 | 265-271 | 272-277 | 278-284 | 285-290 | 291-296 | 297-303 | 304-309 | >309 |
| 5'8" | 264-272 | 273-279 | 280-286 | 287-292 | 293-299 | 300-305 | 306-312 | 313-318 | >318 |
| 5'9" | 271-281 | 282-287 | 288-294 | 295-301 | 302-308 | 309-314 | 315-321 | 322-328 | >328 |
| 5'10" | 279-289 | 290-296 | 297-303 | 304-310 | 311-317 | 318-324 | 325-331 | 332-338 | >338 |
| 5'11" | 287-297 | 298-304 | 305-311 | 312-319 | 320-326 | 327-333 | 334-340 | 341-347 | >347 |
| 6'0" | 295-305 | 306-313 | 314-320 | 321-328 | 329-335 | 336-342 | 343-350 | 351-357 | >357 |
| 6'1" | 304-314 | 315-322 | 323-329 | 330-337 | 338-344 | 345-352 | 353-360 | 361-367 | >367 |
| 6'2" | 312-323 | 324-331 | 332-338 | 339-346 | 347-354 | 355-362 | 363-369 | 370-377 | >377 |
| 6'3" | 321-232 | 333-340 | 341-348 | 349-356 | 357-463 | 365-372 | 373-380 | 381-388 | >388 |
| 6'4" | 329-340 | 341-349 | 350-357 | 358-365 | 366-373 | 374-382 | 383-390 | 391-398 | >398 |
| 6'5" | 338-349 | 350-358 | 359-366 | 367-375 | 376-383 | 384-392 | 393-400 | 401-408 | >408 |
| 6'6" | 347-359 | 360-367 | 368-376 | 377-385 | 386-393 | 394-402 | 403-411 | 412-419 | >419 |
| 6'7" | 356-368 | 369-377 | 378-386 | 387-395 | 396-403 | 404-412 | 413-421 | 422-430 | >430 |
| 6'8" | 365-377 | 378-386 | 387-395 | 396-405 | 406-414 | 415-423 | 424-432 | 433-441 | >441 |